

HOME ISOLATION

FOR PEOPLE WHO HAVE OR ARE PRESUMED TO HAVE COVID-19

- Stay home at least 7 days and until you are fever-and-symptom free for 72 hours (3 days)
- Do not leave your home, unless for a medical appointment
- Notify all close contacts that you have COVID-19 including:
 - Intimate partners
 - Caregivers
 - People who live in your home
 - Anyone who has been less than 6 feet away
- Stay away from the other people in your home and do not cough or sneeze in common areas, especially when others are present
- Use a separate bathroom if possible
- Do not prepare or serve meals for your family
- Do not share utensils, cups, straws or food/drink with others
- Frequently disinfect and sanitize commonly used surfaces and areas
- If you are a caregiver, try to find someone else to perform daily activities that put you in close contact with others
- If you feel the need to see a doctor, call before you go
- Prepare in advance and have a plan

For more information, visit: publichealth.lacounty.gov

